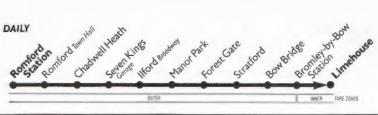
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	Mondays to Fridays								Between Romford Station and Bow buses run every 7-10 minutes									
Romford Station	1000			ere	****	0\$57		tee			0627	400	0641		0653	no	0705	0713
Romford Market	e0.0h	*179	****	0.010	20.00	0539	****	4.11		0010	0629	4544	0643	****	0655	1974	9707	0715
Chadwell Heath Coopers Arms	0523	0538	0553	0604	0608	8609 8615	0619	0623	0630	0638	0639	0653	0653 0659	0705	0705	0717	0717 0723	0725
Seven Kings Garage	0531	0546	0601	0614B		0623	0629B	0631	0638	0646	0653	0701	0707	0713	0719	0725	0732	0740
Manor Park Broadway	0537	0552	0607		0622	0629		0637	0644	0652	0659	0707	0713	0719	0725	0731	0738	0746
orest Gate Green Street	0540	05 55	0610	400	0625	0632		0640	0647	0655	0702	0710	0716	0722	0728	0734	0742	0750
Stratford Broadway	0546	0601	0616	3000	0631	0638		0646	0653	0701	0708	0716	0723	0730	0738	0745	0753	0801
Bromley-by-Bow Station	0554	0609 0616	0624		0639	06465	2000	0654	0701	0709	0716	0724	0731	0738	0746	0753	0801 9	0809
Romford Station	0726	0738	0753	0808	0823	0838	0854	0902	0917	0934	0951	07.31		1536	1551	1606	1621	1636
Romford Market	0728	0741	0756	0811	0826	0841	0857	0905	0920	0937	0954			1539	1554	1609	1624	1639
Chadwell Heath Coopers Arms	0739	0754	0809	0824	0839	0854	0910	0918	0933	0949	1004	Th	en	1549	1604	1619	1634	1650
Seven Kings Garage	0745	0800	0815	0830	0845	0900	0916	0924	0939	0955	1010	every		1555	1610	1625	1640	1656
Iford Broadway	0755	0810	0825	0840	0855	0910	0926	0934	0948	1004	1019		5	1604	1619	1634	1649	1705
Manor Park Broadway	0801	0816	0831 0835	0846	0901 0905	0916	0932 0936	0940	0954 0958	1010	1025	min	utes	1610	1625	1640	1655	1714
Forest Gate Green Street Stratford Broadway	0816	0831	0846	0901	0916	0931	0943	0951	1005	1021	1036	MI	ICI1	1621	1636	1650	1705	1721
Bromley-by-Bow Station	0824	0839	0854	0909	0929	0939	0951	0959	1013	1029	1044			1629	1644	1658	1713	1729
Limehouse Landoner	0832	0847	0902	0917	0932	0947	0959	1007	1021	1037	1052			1637	1651	1705	1720	1736
Romford Station:	1651	1705	1720	1736	1754	1810	1830	1852			2232	2242	2252	2302	2312	2321	1100	2333
Romford Market	1654	1708	1723	1739	1757	1813	1833	1854	-		2234	2244	2254	2304	2314	2323	****	2335
Chadwell Heath Coopers Arms	1705	1719	1734	1750	1808	1824	1844	1904		en	2244	2254	2304	2314	2324	2333	2344	2345
Seven Kings Garage	1711 1720	1725 1734	1740	1756	1814	1830 1838	1850 1858	1910		ery 0	2250 2258	2300	2310 2318	2320 2330	2330	2339	2350	2351
Ilford Broadway Manor Park Broadway	1726	1740	1755	1811	1829	1844	1904	1924		utes	2304	2314	2324	23301		-		0001
Forest Gate Green Street	1729	1743	1758	1814	1832	1847	1907	1927		til	2307	2317	2327			****	400	100
Stratford Broadway	1736	1750	1805	1821	1839	1853	1913	1933	-	-	2313		23361	1177				
Bromley-by-Bow Station	1744	1758	1813	1829	1847	1901	1921	1941			2321	_						
Limehouse Londoner	1751	1805	1820	1836	1854	1908	1928	1948			2328	- 3411				-		2.00
Romford Station:	2346		2358	0015														
Romford Market	2348	00041	2400	0017														
Chadwell Heath Coopers Arms Seven Kinge Garage	2358 0004	0010	0010 0016	0033														
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		urd			tween	Romfo	ord Stat	ion an	d Strai	ford b	uses ru	n ever	y 5 mln	utes (1	0 befor	e 09 30	and ev	ening
Romford Station				Be 6602	etween	0622	ord Stat	0642	d Strai	0702	uses ru	0722	0732	0752	0812	0822	0832	0850
Romford Station	Sat	urd	ays	86 0602 0604	2007 1007	0622 0624	ord Stat	0642 0644	1007	0702 0704	uses ru	0722 0724	0732 0734	0752 0754	0812 0814	0822 0824	0832 0834	0850 0853
Romford Station Romford Market	Sat	urd	ays	8602 0604 0614	,004 910 900	0622 0624 0634	ante	0642 0644 0654	1007	0702 0704 0714		0722 0724 0734	0732 0734 0744	0752 0754 0804	0812 0814 0824	0822 0824 0834	0832 0834 0844	0850 0853 0903
Romford Station: Romford Morket. Chadwell Heath Coopers Arms Seven Kings Garage	Sat	urd	ays	86 0602 0604	2007 1007	0622 0624	0650 0658	0642 0644	1007	0702 0704	0730 0738	0722 0724	0732 0734 0744 0750	0752 0754 0804 0810	0812 0814 0824 0830	0822 0824	0832 0834 0844 0850	0850 0853 0903
Romford Station: Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Liford Broadway	Sat	urd	ays	86 0602 0604 0614 0620 0628 0634	Ü	0622 0624 0634 0640	0650	0642 0644 0654 0700	1007	0702 0704 0714 0720	0730	0722 0724 0734 0740	0732 0734 0744	0752 0754 0804	0812 0814 0824	0822 0824 0834 0840	0832 0834 0844	0850 0850 0900 0900 0918
Romford Station Romford Market. Chadwell Heath Coopers Arms. Seven Kings Garage Ilford Broadway. Manor Park Broadway. Forest Gate Green Street	Sat	urd:	ays	8602 0604 0614 0620 0628 0634 0637	U 0647	0622 0624 0634 0640 0648 0654 0657	0650 0658 0704 0707	0642 0644 0654 0700 0708 0714 0717	U 0727	0702 0704 0714 0720 0728 0734 0737	0730 0738 0744 0747	0722 0724 0734 0740 0748 0754 0757	0732 0734 0744 0750 0758 0804 0807	0752 0754 0804 0810 0818 0824 0827	0812 0814 0824 0830 0838 0844 0847	0822 0824 0834 0840 0848 0854 0857	0832 0834 0844 0850 0858 0904 0907	0850 0850 0900 0900 0910 0924 0924
Romford Station Romford Morket Chadwell Heath Coopers Arms Seven Kings Garage Ilford Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway	Sat	urd:	0629 0635	86 0602 0604 0614 0620 0628 0634	U 0647 0653	0622 0624 0634 0640 0648 0654	0650 0658 0704 0707 0713	0642 0644 0654 0700 0708 0714	0727 0733	0702 0704 0714 0720 0728 0734	0730 0738 0744 0747 0753	0722 0724 0734 0740 0748 0754	0732 0734 0744 0750 0758 0804 0807 0813	0752 0754 0804 0810 0818 0824 0827 0833	0812 0814 0824 0830 0838 0844 0847	0822 0824 0834 0840 0848 0854 0857 0903	0832 0834 0844 0850 0858 0904 0907 0914	0850 0853 0903 0903 0918 0924 0927
Romford Stations: Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Wanner Park Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Bromley-by-Bow Station	Sat U 0541 0547 0555	0606 0612 0620	0629 0635 0643	8602 0604 0614 0620 0628 0634 0637	U 0647 0653 0701	0622 0624 0634 0640 0648 0654 0657	0650 0658 0704 0707 0713 0721	0642 0644 0654 0700 0708 0714 0717	0727 0733 0741	0702 0704 0714 0720 0728 0734 0737	0730 0738 0744 0747 0753 0801	0722 0724 0734 0740 0748 0754 0757	0732 0734 0744 0750 0758 0804 0807 0813 0821	0752 0754 0804 0810 0818 0824 0827 0833 0841	0812 0814 0824 0830 0838 0844 0847 0853 0901	0822 0824 0834 0840 0848 0854 0857 0903	0832 0834 0844 0850 0858 0904 0907 0914	0850 0853 0903 0905 0918 0924 0927 0934
Romford Station ≥ Romford Morket Chadwell Heath Coopers Arms Seven Kings Garage Ilford Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Bromley-by-Bow Station ⊕ Limehouse Londoner	Sat 0541 0547 0555 0602	urd:	0629 0635 0643 0650	86 0602 0604 0614 0620 0628 0634 0637 0646T	0647 0653 0701 0708	0622 0624 0634 0640 0648 0654 0657	0650 0658 0704 0707 0713	0642 0644 0654 0700 0708 0714 0717	0727 0733 0741 0748	0702 0704 0714 0720 0728 0734 0737	0730 0738 0744 0747 0753 0801 0808	0722 0724 0734 0740 0748 0754 0757 08061	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848	0812 0814 0824 0830 0838 0644 0847 0853 0901 0908	0822 0824 0834 0840 0848 0854 0857 0903 0911 0918	0832 0834 0844 0850 0858 0904 0907 0914 0922 0929	0850 0853 0903 0909 0918 0924 0927 0934
Romford Stationals Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illord Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Formley-by-Bow Station Limehouse Londoner Illoromford Stationals	Sat 0541 0547 0555 0602 0906	0606 0612 0620	0629 0635 0643 0650	86 0602 0604 0614 0620 0628 0634 0637 0646T	0647 0653 0701 0708	0622 0624 0634 0640 0648 0654 0657 0706T	0650 0658 0704 0707 0713 0721	0642 0644 0654 0700 0708 0714 0717 07261	0727 0733 0741 0748 2242	0702 0704 0714 0714 0720 0728 0734 0737 07461	0730 0738 0744 0747 0753 0801 0808 2302	0722 0724 0734 0734 0740 0748 0754 0757 08061	0732 0734 0744 0758 0804 0807 0813 0821 0828 2322	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332	0812 0814 0624 0830 0838 0844 0847 0853 0901 0908	0822 0824 0834 0840 0848 0854 0857 0903 0911 0918	0832 0834 0844 0850 0858 0904 0907 0914 0922 0929	0850 0850 0900 0900 0918 0924 0920 0934 0945 0945
Romford Station ≥ Romford Morket Chadwell Heath Coopers Arms Seven Kings Garage	Sat 0541 0547 0555 0602 0906 0909	0606 0612 0620	0629 0635 0643 0650 1721	0602 0604 0614 0620 0628 0637 0646¥	0647 0653 0701 0708 1751 1754	0622 0624 0634 0640 0648 0654 0657 07061	0650 0658 0704 0707 0713 0721 0728	0642 0644 0654 0700 0708 0714 0717 07261	0727 0733 0741 0748 2242 2244	0702 0704 0714 0720 0728 0734 0737 07461	0730 0738 0744 0747 0753 0801 0808 2302 2304	0722 0724 0734 0740 0748 0754 0757 08061	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2322	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332 2334	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2344	0822 0824 0834 0840 0848 0854 0857 0903 0911 0918 2352 2354	0832 0834 0844 0850 0858 0904 0907 0914 0922 0929 0012	0850 0851 0901 0901 0924 0924 0934 0945 0031
Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiard Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Formley-by-Bow Stations Limehouse Londoner Romford Stations Romford Stations Romford Market Chadwell Heath Coopers Arms	Sat 0541 0547 0555 0602 0906	0606 0612 0620 0627	0629 0635 0643 0650	86 0602 0604 0614 0620 0628 0634 0637 0646T	0647 0653 0701 0708	0622 0624 0634 0640 0648 0654 0657 0706T	0650 0658 0704 0707 0713 0721	0642 0644 0654 0700 0708 0714 0717 07261 2232 2234 2244 2250	0727 0733 0741 0748 2242 2244 2254 2300	0702 0704 0714 0714 0720 0728 0734 0737 07461	0730 0738 0744 0747 0753 0801 0808 2302	0722 0724 0734 0734 0740 0748 0754 0757 08061	0732 0734 0744 0758 0804 0807 0813 0821 0828 2322	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332	0812 0814 0624 0830 0838 0844 0847 0853 0901 0908	0822 0824 0834 0840 0848 0854 0857 0903 0911 0918	0832 0834 0844 0850 0858 0904 0907 0914 0922 0929	0850 0851 0901 0901 0924 0924 0934 0945 0034 0034
Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage (Hord Broadway) Manor Park Broadway Forest Gate Green Street Stratford Broadway Formley-by-Bow Stations Limehouse Londoner Romford Stations Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage (Hord Broadway)	Sat 0541 0547 0555 0602 0906 0909 0926 0935	0606 0612 0620 0627 Then every	0629 0635 0643 0650 1721 1724 1735 1741 1750	8602 0604 0614 0620 0628 0634 0637 0646¥ 1731 1731 1734 1745 1751	0647 06653 0701 0708 1751 1754 1805 1811 1819	0622 0624 0634 0640 0648 0654 0657 07061 1812 1814 1824 1830 1838	0650 0658 0704 0707 0713 0721 0728 Then every 20	0642 0644 0654 0700 0708 0714 0717 07261 2232 2234 2244 2250 2258	0727 0733 0741 0748 2242 2244 2254 2300 2308	0702 0704 0714 0720 0728 0734 0737 07461 2252 2254 2304 2310 2318	0730 0738 0744 0747 0753 0801 0808 2302 2304 2314 2320 2328	0722 0724 0734 0740 0748 0754 0757 08061 2312 2314 2324 2330 2338	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2324 2334 2340 2348	0752 0754 0804 0810 0818 0824 0827 0837 0841 0848 2332 2334 2350 2358	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2344 2400 0008	0822 0824 0834 0840 0848 0857 0903 0911 0918 2352 2354 0004 0010 0018	0832 0834 0844 0856 0904 0907 0914 0922 0912 0012 0012 0030 0038	0850 0851 0901 0901 0924 0924 0934 0945 0034 0034
Romford Station Romford Morket Chadwell Heath Coopers Arms Seven Kings Garage Ifford Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Sromley-by-Bow Station Limehouse Londoner Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Ifford Broadway Manor Park Broadway Manor Park Broadway	Sat 0541 0547 0555 0602 0906 0909 0920 0920 0935 0941	0606 0612 0620 0627 Then every 15 mins.	0629 0635 0643 0650 1721 1724 1735 1741 1750 1756	8602 0604 0614 0620 0628 0634 0637 0646T 1731 1734 1745 1751 1800 1806	0647 0653 0701 0708 1751 1754 1805 1811 1819 1825	0622 0624 0634 0640 0648 0654 0657 07061 1812 1814 1824 1830 1838 1844	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins.	0642 0644 0654 0700 0708 0714 0717 07261 2232 2234 2244 2250 2258 2304	0727 0733 0741 0748 2242 2254 2300 2308 2314	0702 0704 0714 0720 0728 0734 0737 07461 2252 2254 2304 2310 2318 2324	0730 0738 0744 0747 0753 0801 0808 2302 2304 2314 2320 2328 2334	0722 0724 0734 0748 0754 0757 08061 2312 2314 2324 2330 2338 2344	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2324 2334 2348 2348 2354	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332 2334 2344 2350 0004	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2354 2400 0008 0014	0822 0824 0834 0840 0848 0857 0903 0911 0918 2352 2354 0004 0010 0018 0024	0832 0834 0844 0856 0904 0907 0914 0922 0912 0014 0024 0038 0044	0850 0851 0901 0901 0924 0924 0934 0945 0034 0034
Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Ifford Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Fornels-yb-Bow Stations Limehouse Londoner Romford Stations Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiford Broadway Manor Park Broadway Forest Gate Green Street	9926 99341 9944 9944 9944	0606 0612 0620 0627 Then every	0629 0635 0643 0650 1721 1724 1735 1741 1756 1759	8602 0604 0604 0620 0628 0637 0646T 1731 1734 1745 1751 1800 1806	0647 0653 0701 0708 1751 1754 1805 1811 1819 1825 1828	0622 0624 0634 0640 0648 0654 0657 07061 1812 1814 1824 1830 1838	0650 0658 0704 0707 0713 0721 0728 Then every 20	0642 0644 0654 0700 0708 0714 0717 07261 2232 2234 2244 2250 2258 2304 2307	0727 0733 0741 0748 2242 2244 2254 2300 2308 2314 2317	0702 0704 0714 07120 0728 0734 0737 07461 2252 2254 2304 2310 2318 2324 2327	0730 0738 0744 6747 0753 0801 0808 2302 2304 2314 2320 2328 2334 2337	0722 0724 0734 0740 0748 0754 0757 08061 2312 2314 2324 2330 2338 2344 2347	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2324 2334 2340 2348 2354 2354	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332 2334 2344 2350 2358 0004 0007	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2344 2400 0014 0017	0822 0824 0834 0840 0848 0857 0901 0911 0918 2352 2354 0004 0010 0018 0024 0027	0832 0834 0844 0850 0858 0904 0907 0912 0929 0012 0014 0024 0030 0038 0044 0047	0850 0853 0903 0909 0918 0924 0945 0945 0034
Romford Station Romford Morket Chadwell Heath Coopers Arms Seven Kings Garage Ifford Broadway Hanon Park Broadway Forest Gate Green Street Stratford Broadway Bromley-by-Bow Station ■ Comford Station ■ Chadwell Heath Coopers Arms Seven Kings Garage Ifford Broadway Manon Park Broadway Forest Gate Green Street Fored Station ■ Romford Morket Chadwell Heath Coopers Arms Forent Garage Ifford Broadway Forest Gate Green Street Stratford Broadway Forest Gate Green Street Stratford Broadway	9341 0541 0541 0555 0602 0906 0909 0926 0935 0941 0944 0951	0606 0612 0620 0627 Then every 15 mins.	0629 0635 0643 0650 1721 1724 1735 1741 1750 1756 1759 1806	8602 0604 0614 0620 0628 0634 0637 0646T 1731 1734 1745 1751 1800 1806 1809 1815	0647 0653 0708 1751 1754 1805 1811 1819 1825 1828 1834	0622 0624 0634 0634 0654 0657 07061 1812 1814 1824 1830 1838 1844 1847 1853	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins.	0642 0644 0654 0700 0708 0714 0717 07261 2232 2234 2244 2250 2258 2304 2307 2313	0727 0733 0741 0748 2242 2254 2300 2308 2314	0702 0704 0714 0720 0728 0734 0737 07461 2252 2254 2304 2318 2324 2327	0730 0738 0744 6747 0753 0801 0808 2302 2304 2314 2320 2328 2334 2337	0722 0724 0734 0748 0754 0757 08061 2312 2314 2324 2330 2338 2344	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2324 2334 2348 2348 2354	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332 2334 2344 2350 0004	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2354 2400 0008 0014	0822 0824 0834 0840 0848 0857 0903 0911 0918 2352 2354 0004 0010 0018 0024	0832 0834 0844 0856 0904 0907 0914 0922 0912 0014 0024 0038 0044	0850 0853 0903 0909 0918 0924 0945 0945 0034
Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Hings Garage Hings Green Street Stratford Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Limehouse Londoner Romford Stations Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Hings Garage Hings Garage Forest Gate Green Street Stratford Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Bromley-by-Bow Station Stratford Broadway Formeley-by-Bow Station	0541 0547 0550 0906 0909 0920 0920 0935 0941 0951 0959	0606 0612 0620 0627 Then every 15 mins.	0629 0635 0643 0650 1721 1724 1735 1741 1750 1756 1759 1806 0814	8602 0604 0614 0620 0628 0638 0637 0646¥ 1731 1734 1745 1751 1800 1806 1809 1815 1823	0647 0653 0701 0708 1751 1754 1805 1811 1819 1825 1828 1834 1842	0622 0624 0634 0640 0648 0654 0657 07061 1812 1814 1824 1830 1838 1844 1847 1853	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins.	0642 0644 0654 0700 0708 0714 0717 07261 2232 2234 2244 2250 2258 2304 2307 2313 2321	0727 0733 0741 0748 2242 2244 2254 2300 2308 2314 2317	0702 0704 0714 07120 0728 0738 0737 07461 2252 2254 2304 2310 2318 2324 2327	0730 0738 0744 6747 0753 0801 0808 2302 2304 2314 2320 2328 2334 2337	0722 0724 0734 0740 0748 0754 0757 08061 2312 2314 2324 2330 2338 2344 2347	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2324 2334 2340 2348 2354 2354	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332 2334 2344 2350 2358 0004 0007	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2344 2400 0014 0017	0822 0824 0834 0840 0848 0857 0901 0911 0918 2352 2354 0004 0010 0018 0024 0027	0832 0834 0844 0850 0858 0904 0907 0912 0929 0012 0014 0024 0030 0038 0044 0047	0850 0853 0903 0909 0918 0924
Romford Stations Romford Market Chadwell Heath Coopers Arms leven Kings Garage Heath Coopers Arms leven Kings Garage Hanor Park Broadway Manor Park Broadway Forest Gate Green Street Hittafford Broadway Formley-by-Bow Stations Limehouse Londoner Romford Stations Romford Stations Romford Market Landwell Heath Coopers Arms Seven Kings Garage Hord Broadway Manor Park Broadway Forest Gate Green Street Hittafford Broadway Forest Gate Green Street Hittafford Broadway Forest Gate Green Street Hittafford Broadway Formley-by-Bow Stations	Sat 0541 0547 0555 0602 0906 0909 0920 0926 0935 0941 0959 1006	0606 0612 0627 Then every 15 mins. until	0629 0635 0643 0650 1721 17724 1735 1741 1750 1756 1806 0814 1821	8602 0604 0614 0620 0628 0634 0637 0646T 1731 1734 1745 1751 1800 1806 1809 1815	0647 0653 0701 0708 1754 1805 1811 1819 1825 1828 1834 1842 1849	0622 0624 0634 0640 0648 0657 07061 1812 1814 1824 1830 1838 1847 1853 1901 1908	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins. until	0642 0644 0654 0700 0708 0717 07261 2232 2234 2244 2250 2258 2304 2307 2313 2321 2328	0727 0733 0741 0748 2244 2254 2300 2308 2317 23261	0702 0704 0714 0720 0728 0737 07461 2252 2254 2310 2318 2318 2327 23361	0730 0738 0744 0747 0753 0801 0808 2302 2304 2314 2320 2328 2334 2337	0722 0724 0734 0740 0748 0754 0757 08061 2312 2314 2324 2330 2338 2344 2347	0732 0734 0744 0750 0758 0804 0807 0813 0821 0828 2322 2324 2334 2340 2348 2354 2354	0752 0754 0804 0810 0818 0824 0827 0833 0841 0848 2332 2334 2344 2350 2358 0004 0007	0812 0814 0824 0830 0838 0844 0847 0853 0901 0908 2342 2344 2400 0014 0017	0822 0824 0834 0840 0848 0857 0901 0911 0918 2352 2354 0004 0010 0018 0024 0027	0832 0834 0844 0850 0858 0904 0907 0912 0929 0012 0014 0024 0030 0038 0044 0047	0850 0851 0901 0901 0924 0924 0934 0945 0034 0034
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Romford Station Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Manor Park Broadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Formley-by-Bow Station Limehouse Londoner John Coopers Arms Seven Kings Garage Illiord Broadway Forest Gate Green Street Stratford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Forest Gate Green Street Stratford Broadway Forest Gate Green Street Stratford Broadway Manor Park Broadway Romford Station Romford Station Romford Station Romford Station Romford Station Romford Proadway Manor Park Broadway Forest Gate Green Street Stratford Broadway Forest Gate Green Street Stratford Broadway Formley-by-Bow Station By Station By Station Romford Broadway Forest Gate Green Street Stratford Broadway Formley-by-Bow Station By Station Romford Broadway Formley-by-Bow Station By Station Romford Broadway Formley-by-Bow Station Forest Gate Green Street Forest Gate Green Street Forest Cate Green	Sat U 0541 0547 0555 0602 0909 0920 0920 0941 0944 0951 1006 Sur	Urd: 0606 0602 0627 Then every 15 mins. until	0629 0635 0643 0643 0721 1721 1735 1741 1750 1756 0814 1821 0647 0654 0659 0702	860 6602 6604 9614 9620 9628 9637 9646T 1731 1734 1734 1734 1735 1800 1805 1805 1809 1815 1823 1830 9713 9713 9713 9713 9713 9714 9713	0647 0653 0701 0708 1751 1754 1805 1819 1825 1828 1834 1842 1849 0705 0705 0705 0715 0721 0728 0733 0749	0622 0624 0634 0640 0648 0657 0706T 1812 1838 1844 1847 1901 1908 0725 0727 0737 0743 0750 0804	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins. until 0747 0749 0759 0812 0826 0820 0823	0642 0644 9654 9654 9700 0708 0717 07261 2232 2234 2258 2304 2307 2328 Ho 0807 0809 0837 0840 0846	0727 6733 0741 0748 2242 2254 2308 2314 2317 0827 0829 0835 0852 0852 0906 0900 0900 0901	0702 0704 0714 0714 0720 0728 0737 07461 2310 2318 2324 2327 2336 0847 0849 0859 0912 0926 0926 0926	0730 0738 0744 0747 0753 0801 0808 2302 2302 2320 2328 2334 2324 2320 2328 2334 2346 9909 9919 9929 9937 9940 0940 0953	0722 0724 0734 0740 0748 0757 08061 23112 2314 2324 2334 2344 2147 G	0732 0734 0744 0750 0807 0807 0807 0808 0828 2322 2334 2348 2357 G	0752 0754 0804 0810 0818 0824 0827 0833 0841 2334 2334 2350 0004 6007 G	0812 0814 0824 0830 0838 0847 0853 0901 2342 2354 2400 0017 G	0822 0824 0834 0840 0857 0903 0911 2352 2354 0004 0018 0027 G	0832 0834 0844 0850 0958 0907 0912 0014 0030 0038 0034 0047 G	0855 0900 0909 0919 092 093 004 005 003 004 2310 232 233 234 234 235
Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Ilford Broadway Manor Park Broadway Manor Park Broadway Fromely-by-Bow Stations Limehouse Londoner Romford Stations Romford Stations Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Ilford Broadway Manor Park Broadway Frosts Gate Green Street Stratford Broadway Manor Park Broadway Fromley-by-Bow Stations Limehouse Londoner Romford Stations Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Ilford Broadway Manor Park Broadway Fromley-by-Bow Stations Ilford Broadway Fromley-by-Bow Stations	Sat 0541 0541 0547 0555 0602 0906 0926 0926 0935 0619 0941 0944 0951 00619 0626 0631 0640 0647 0647 0647	Urd: 0606 0602 0627 Then every 15 mins. until	0647 0647 0649 0635 0643 0643 1721 1735 1741 1750 1756 0814 1821 0847 0659 0715§	8602 6602 6604 6614 6620 6620 6620 6637 6646 7731 7735 1800 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1807 1807 1807 1808 1809	0647 0653 0701 1754 1754 1805 1811 1825 1828 1829 21849 210703 0705 0715 0728 0728 0736 0749 0749 0756	0622 0624 0634 0634 0640 0648 0657 07061 1812 1830 1831 1831 1832 1838 1847 1853 1901 1908 0725 0737 0743 0750 0755 0804	0650 0658 0704 0713 0721 0728 Then every 20 mins. until	0642 0644 9654 9654 9700 0708 0717 07267 2232 2234 2250 2307 2313 2321 2328 Ho 0807 0807 0819 0825 0837 0840 0846	0727 0727 0733 0741 0748 2242 2300 2314 2317 23261 0827 0829 0845 0852 0852 0906 0906	0702 0704 0714 0720 0734 0737 07461 2252 2254 2310 2318 2318 2327 23361 2318 2327 23361 0905 0905 0917 0926	0730 0738 0747 0753 0801 0808 2302 2314 2328 2324 2324 2324 2328 2334 2346 2397 2999 9919 0909 0919 0925 0937 0946	0722 0724 0734 0740 0748 0757 08061 2312 2314 2324 2338 2344 2347 G	0732 0734 0744 0750 0807 0807 0807 0808 0828 2322 2334 2348 2357 G	0752 0754 0804 0810 0818 0824 0827 0833 0841 2334 2334 2350 0004 6007 G	0812 0814 0824 0824 0825 0830 0830 0847 0853 0901 0908 2342 2400 0014 G	0822 0824 0834 0840 0857 0903 0911 2352 2354 0004 0018 0027 G	0832 0834 0844 0850 0958 0907 0912 0014 0030 0038 0034 0047 G	0855 0900 0909 0919 092 093 004 005 003 004 2310 232 233 234 234 235
Romford Stationa® Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Manor Park Broadway Manor Park Broadway Fromet Gate Green Street Stratford Broadway Scomely-by-Bow Station Limehouse Londoner Bomford Stationa® Romford Stationa® Romford Stationa® Romford Stationa® Romford Stationa® Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Franch Park Broadway Framiley-by-Bow Station Romford Stationa® Romford Stationa® Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Manor Park Broadway Seromley-by-Bow Station Limehouse Londoner Romford Stationa® Limehouse Londoner Romford Stationa® Limehouse Londoner	Sat 0541 0541 0547 0555 0602 0908 0926 0909 0926 0944 0951 1006 Sur 0619 0626 0640 0647 2335	Urd: 0606 0602 0627 Then every 15 mins. until	0629 0639 0643 0650 1721 1750 1756 1806 0814 1821 S (ar 0647 0659 0702 0702 0715 0715	8602 0602 0604 0614 0620 0620 0637 06467 1731 1745 1751 1800 1803 1803 1815 1823 1830 0701 0708 0707	0647 0653 0701 0708 1754 1805 1811 1828 1834 1842 3 1849 3 1849 0703 0705 0701 0728 0733 0736 0742 0749 0749 0756 0026	0622 0624 0634 0634 0657 07061 1814 1824 1830 1838 1838 1838 1838 1901 1908 0725 0727 0737 0755 0758 0804 0811 0818	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins. until 0747 0749 0759 0812 0826 0820 0823	0642 0644 9654 9654 90700 0708 0717 07261 2232 2234 2244 2250 2307 2313 2321 2328 HO 0807 0809 0825 0832 0846 0853 0900	0727 0727 0737 0741 0748 2242 2242 2300 2308 2314 2317 23261 0827 0829 9839 0857 0900 0913 0920	0702 0704 0714 0714 0737 07461 0737 07461 2304 2318 2324 2327 23361 0847 0859 0912 0926 0926 0926 0933 0940	0730 0736 0744 0747 0753 0801 0808 2302 23104 2320 2320 2320 2326 2320 2326 2327 23467 9909 9919 0909 9919 0909 0909 0909 090	0722 0724 0734 0740 0740 0757 08061 2324 23312 2330 2338 9925 0935 0948 0948 0948 0948 0948 0948 0948 0948	0732 0734 0744 0750 0750 0750 0807 0813 0821 0822 2322 2324 2344 2357 G	0752 0754 0804 0804 0810 0818 0824 0837 0833 2342 2332 2350 0004 0007 G	0812 0814 0824 0824 0824 0828 0838 0844 0847 0853 0901 0908 0014 00017 G	0822 0824 0834 0840 0848 0857 0903 0911 0918 2352 2354 0004 0027 G	0832 0834 0844 0850 0958 0907 0912 0014 0030 0038 0034 0047 G	0855 0901 0900 0918 0922 0942 0944 003 0034 0044 0050 2332 2333 2344 2344 2344 2340
Romford Station Romford Market Chadwell Heath Coopers Arms Seven Kings Garage (Hord Broadway) Manor Park Broadway Manor Park Broadway Fromely-by-Bow Station Limehouse Londoner Romford Station Romford Station Romford Station Romford Market Chadwell Heath Coopers Arms Seven Kings Garage (Hord Broadway) Manor Park Broadway Manor Park Broadway Fromely-by-Bow Station Romford Market Chadwell Heath Coopers Arms Limehouse Londoner Romford Station Romford Broadway Romford Market Chadwell Heath Coopers Arms Seven Kings Garage (Hord Broadway) Romford Market Chadwell Heath Coopers Arms Fromely-by-Bow Station Romford Market Romford Station Romford Market Romford Station Romford Market	Sat 0541 0541 0547 0555 0602 0906 0926 0926 0935 0619 0941 0944 0951 00619 0626 0631 0640 0647 0647 0647	U 0606 0612 0620 0627 Then every 15 mins. until 0643 0640 0645 0648 0654 0701§	0629 0643 0650 0650 1721 1735 1741 1750 1756 1759 1806 0814 1821 S (all	8602 6602 6604 6614 6620 6620 6620 6637 6646 7731 7735 1800 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1806 1807 1807 1807 1807 1808 1809	0647 0653 0701 0708 1751 1805 1811 1819 1828 1834 1849 241 0703 0705 0715 0728 0736 0749 0749 0756 0026	0622 0624 0634 0634 0654 0657 07061 1814 1824 1838 1847 1853 0750 0725 0727 0737 0755 0804 0818 8B	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins. until 0747 0749 0759 0805 0812 0820 0820 0833 0840	0642 0644 0654 0670 0700 0708 0717 07261 2232 2234 2250 2258 2307 2313 2321 2322 2321 2328 2321 2328 2321 2328 2321 2328 2321 2328 2321 2328 2321 2328 2321 2321	000727 0727 0737 0748 2242 2254 2310 2300 2308 2314 23261 0827 0829 0839 0840 0857 0900 0900 0913 0920 Station	0702 0704 0714 0714 0720 0720 0734 0737 07461 2304 2318 2324 2336 2327 23361 0847 0859 0917 0920 0926 0923 0933 0940	0730 0738 0734 0744 0747 0753 0801 0808 2302 2314 2322 2337 2346 0907 0909 0919 0925 0932 0937 0940 0953 1000	0722 0724 0734 0740 0748 0757 08061 2312 2312 2330 2338 2347 G	0732 0734 0744 0750 0750 0750 0804 0807 0813 0821 0828 2322 2324 2348 2354 2354 2354 2364 11 min ur	0752 0754 0804 0804 0810 0818 0827 0833 2344 2342 2358 0004 G	0812 0814 0824 0824 0828 0847 0853 0901 0908 0901 0908 2344 2354 2400 0008 22240 2256 2303 2311 2317 2324 2331 to Upt	0822 0824 0834 0840 0840 0840 0846 0857 0903 0911 0918 0004 0010 0012 G	0832 0834 0844 0844 0907 0914 0922 0919 0014 0038 0038 0044 0047 2306 2316 2322 2334 7 7 23461	0856 0865 0903 0909 0909 0918 0924 0924 0945 0034 0044 0050 2338 2338 2338 2348 2357 2460
Romford Stationa® Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Manor Park Broadway Manor Park Broadway Fromet Gate Green Street Stratford Broadway Scomely-by-Bow Station Limehouse Londoner Bomford Stationa® Romford Stationa® Romford Stationa® Romford Stationa® Romford Stationa® Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Franch Park Broadway Framiley-by-Bow Station Romford Stationa® Romford Stationa® Romford Market Chadwell Heath Coopers Arms Seven Kings Garage Illiord Broadway Manor Park Broadway Seromley-by-Bow Station Limehouse Londoner Romford Stationa® Limehouse Londoner Romford Stationa® Limehouse Londoner	Sat 0541 0541 0547 09555 06002 09069 0920 0920 0926 0955 1006 Sur 0619 0626 0631 0640 0647 23355	0606 0612 0627 Then overy 15 mins. until 0633 0640 0645 0646 0654 0701§	0629 0643 0650 0650 1721 1735 1741 1750 1756 1759 1806 0814 1821 S (all	8602 0604 0604 0614 0620 0620 0620 0637 0646T 1731 1731 1751 1800 1809 1815 1823 1830 0701 0701 0702 0708 0703 0709 0708 0709 0708 0709 0708 0709 0708 0709 0708 0709 0708 0709 0708 0709 0708 0709 0708 0709	0647 0653 0701 0708 1754 1805 1811 1828 1834 1842 3 1849 3 1849 0703 0705 0701 0728 0733 0736 0742 0749 0749 0756 0026	0622 0624 0634 0634 0654 0657 0706T 1814 1824 1830 1838 1831 1901 1908 0725 0727 0737 0743 0758 0804 0818 8818	0650 0658 0704 0707 0713 0721 0728 Then every 20 mins. until	0642 0644 0654 0654 0700 0708 0717 07261 2232 2234 2250 2258 2304 2312 2322 2322 2328 2307 2313 2321 2328 23083 0807 0840 0840 0846 0846 0846 0846 0846 0846	0727 0741 0743 0741 0748 2242 2244 2310 2314 2317 23261 0827 0829 0845 0850 0900 0906 0913 0920 0920 0920 0920 0920 0920 0920	0702 0704 0714 0714 0734 0737 07461 2252 2254 2310 2318 2324 2327 23361 2328 2327 2328 2327 2328 2329 2329 2329 2329 2329 2329 2329	0730 0736 0734 0744 0747 0753 0801 0808 2302 2314 2320 2332 2337 2337 2346 0907 0909 0909 0909 0909 0909 0909 090	0722 0724 0734 0734 0754 0757 08061 2314 2334 2347 2347 6 0923 0925 0935 0941 0957 1002 1009 1009	0732 0734 0744 0750 0750 0750 0804 0807 0813 0821 0823 2324 2334 2342 2357 G	0752 0754 0804 0804 0824 0827 0833 0841 0848 2332 2334 2330 0004 0007 G	0812 0814 0824 0828 0838 8938 0844 0847 0853 0901 0908 2344 2400 0008 2240 0217 G	0822 0824 0834 0834 0854 0857 0903 0911 0918 2352 2354 0024 0027 G	0832 0834 0844 0850 0850 0858 0904 0907 0912 0012 0014 0030 0038 0044 0047 G	0850 0853 0903 0909 0918 0927 0934 0945 0032 0033 0044 0050

This timetable is published as a guide to the general level of service and timings are in many cases approximate. Every effort is made to maintain the scheduled service but this may from time to time be impossible owing to circumstance beyond London Transport control. At Christmas, New Year, Easter, Play Day, and Spring and Summer heliday weekends, some services have appeal timetables and some do not run at all. See notices on bioses.

London Transport, 55 Broadway, S.W.1 Telephone: 01-222 1234 86



Between Bow and Romford Station buses run every 7-10 minutes.

Mondays to Fridays

					duy								010 314					
Limehouse Londoner	1000	100	-	201	707	100	0609	****	0621	2111	0636	0651			0851	0906	0921	0936
Bromley-by Bow Station @	000	8.000	1641	1000	200	100	0618		0630	****	0645	0700			1900	0915	0930	0945
Stratford Bus Station	****		-		0.0-0		0627	****	0639		0654	0709	Th	en	0909	0924	0939	0954
Forest Gate Green Street	****	-					0634		0646		0701	0716	ev	егу	0916	0931	0947	1002
Manor Park Broadway	****				1915		0637	****	0649	46.59	9704	0719	- 1	5	0919	0935	0951	1006
Ilford Broadway		146		0619A		0634#	0643		0655		0710	0725	min		0925	0941	0957	1012
Seven Kings Garage	0525	0555	0612	0625	0633	0640	0650	0657	0702	0710	9717	0732	un	lis	0932	0948	1004	1019
Chadwell Heath Coopers Arms	0531	0601	0618	0631	0639	0646	0656	0703	0708	0716	0723	0738			0938	0954	1010	1025
Romford Market	0542	0612	0629	0642	0650	0657	0701	0714	0719	0727	0734	0749			0949	1005	1021	1036
Romford Station:	0544	0614	0631	0644	0652	0659	0709	0716	9721	0729	0736	0752			0952	1008	1024	1039
Limehouse Londoner	0952	1004	1009	1023	1039		1539	1555	1610	1625	1640	1655	1710	1725	1740	1755	1809	1829
Bromley-by-Bow Station	1001	1013	1018	1032	1048		1548	1604	1619	1634	1649	1704	1719	1734	1749	1804	1818	1838
Stratford Bus Station	1010	1022	1027	1041	1057	Then	1557	1613	1628	1645	1701	1716	1731	1746	1801	1816	1830	1850
Forest Gate Green Street	1018	1030	1035	1049	1105	every	1605	1621	1636	1654	1710	1725	1740	1755	1810	1825	1837	1857
Manor Park Broadway	1022	1034	1039	1053	\$109	15	1609	1625	1640	1658	1714	1729	1744	1759	1814	1829	1840	1900
Ilford Broadway	1028	1040	1045	1059	1115	mins.	1615	1631	1649	1707	1723	1738	1753	1808	1823	1838	1846	1906
Seven Kings Garage	1035	1047	1052	1106	1122	until	1622	1639	1657	1715	1731	1746	1801	1816	1831	1845	1853	1913
Chadwell Heath Coopers Arms	1041	1053	1058	1112	1128		1628	1645	1703	1721	1737	1752	1807	1822	1837	1851	1859	1919
Ramford Market	1052	1104	1109	1123	1139		1639	1656	1714	1732	1748	1803	1818	1833	1848	1902	1910	1930
Romford Station	1055	1107	1112	1126	1142		1642	1659	1717	1735	1751	1806	1821	1836	1850	1904	1912	1932
Limehouse Londoner	1842	1857	1912		2112	2133	2154	2214	2234	****	2254	****		2314				2334
Bromley-by-Bow Station⊕	1851	1906	1921		2121	2142	2203	2223	2243	22545	2303		23146	2323				2343
Stratford Bus Station	1900	1915	1930	Then	2130	2151	2212	2232	2252	2302	2312		2322	2332	2338	2345		2352
Forest Gate Green Street	1907	1922	1937	every	2137	2158	2219	2239	2259	2309	2319		2329	2339	2345	2352		2359
Manor Park Broadway	1910	1925	1940	20	2140	2201	2222	2242	2302	2312	2322		2332	2342	2348	2355		0002
Ilford Broadway	1916	1931	1946	mins.	2146	2207	2228	2248	2308	2318	2328	2335A	2338	2348	2354	0001	0006A	8000
Seven Kings Garage	1923	1938	1953	until	2153	2214	2235	2255	2315	2325	2335	2341	2345	2355	0001	8000	8012	0015
Chadwell Heath Coopers Arms	1929		1959		2159	2220	2241	2301	2321	2331	2342	-	2351	00021	-	-	$\overline{}$	_
Romford Market	1940		2010		2210	2231	2252	2312	2332	2342		****	0002	_	****	****		****
Romford Stationa:	1942	1111	2012		2212	2233	2254	2314	2334	2344		****	0004	****	****			
	Sat	urda	ays	Ве	tween	Stratfo	ord and	Romfo	ord Sta	tion bu	ses rui	nevery	5 min	utes (1	0 befor	e 09 30	and ev	enings)
(Tourshaves Laurines		_			6613		0633	0653	0713	0733	0753	0813	0833	0853	0913			1713
Limehouse Londoner			3000		0622	1174	0642	0702	0722	0742	0802	0822	0842	0902	0922			1722
Bromley-by-Bow Station⊕ Stratford Bus Station	*(11		****	G	0630	414	0650	0710	0730	0750	0810	0830	0850	0910	0930	Th	en	1730
Forest Gate Green Street			****	0620	9637	****	0657	0717	0737	0757	0817	0837	0857	0918	0938		ELA	1738
Manor Park Broadway				0623	0640		9700	0720	0740	0800	0820	0840	0900	0921	0941		5	1741
Ilford Broadway				0629	0646		0706	0726	0746	0806	0826	0846	0906	0927	0947		utes	1747
Seven Kings Garage	0536	0556	0616	0636	0653	0703	0713	0733	0753	0813	0833	0853	0914	0935	0955	ur		1755
Chadwell Heath Coopers Arms	0542	0602	0622	0642	0659	0709	0719	0739	0759	0819	0839	0859	0920	0941	1001	-		1801
Romford Market	0553	0613	0633	0653	0710	0720	0730	0750	0810	0830	0850	0911	0932	0953	1013			1813
Romford Stationate	0555	0615	0635	0655	0712	0722	0732	0752	0812	0832	0852	0915	0936	0957	1017			1817
Limehouse Londoner	3 mm = 10	1743	40000	1813	1827	1833			****		mara		2313			4355	100	
									2233									
	1728		1758						2233	400	2253	2000				2333		
Bromley-by-Bow Station⊕	1737	1752	1807	1822	1836	1842	Th	en	2242	2300	2302	2320	2322	2335	2340	2342 2350	2352	
Bromley-by-Bow Station Stratford Bus Station	1737 1745	1752 1800	1807 1815	1822		1842		en		2300 2307		2320 2327		2335	2340 2347	2342	2352	
Bromley-by-Bow Station Stratford Bus Station Forest Gate Green Street	1737	1752	1807	1822	1836 1844	1842	ev	en ery	2242	2300 2307 2310	2302 2310		2322			2342		
Bromley-by-Bow Station Stratford Bus Station	1737 1745 1753	1752 1800 1807	1807 1815 1822	1822 1830 1837	1836 1844 1851	1842 1820 1857	ev-	ery	2242 2250 2257	2307	2302 2310 2317	2327	2322 2330 2337	2342	2347	2342 2350 2357	2359	
Bromley-by-Bow Station Stratford Bus Station Forest Gate Green Street Manor Park Broadway Ilford Broadw	1737 1745 1753 1756	1752 1800 1807 U	1807 1815 1822 U	1822 1830 1837 1840	1836 1844 1851	1842 1820 1857 1900	ev. 2 min	ery 0	2242 2250 2257 2300	2307 2310	2302 2310 2317 2320	2327 2330 2336	2322 2330 2337 2340	2342 2345	2347 2350 2356	2342 2350 2357 2400	2359 0002	
Bromley-by-Bow Station Stratford Bus Station	1737 1745 1753 1756 1802	1752 1800 1807	1807 1815 1822	1822 1830 1837 1840 1846	1836 1844 1851 U	1842 1820 1857 1900 1906	ev. 2 min	ery 0 utes	2242 2250 2257 2300 2306 2313 2319	2307 2310 2316 2323 2329	2302 2310 2317 2320 2326	2327 2330 2336 2343 2349	2322 2330 2337 2340 2346	2342 2345 2351	2347 2350	2342 2350 2357 2400 0006	2359 0002 0008	
Bromley-by-Bow Station⊕ Stratford Bus Station Forest Gate Green Street Manor Park Broadway Ilford Broadway Seven Kings Garage	1737 1745 1753 1756 1802 1810	1752 1800 1807 U	1807 1815 1822 U	1822 1830 1837 1840 1846 1853	1836 1844 1851 U	1842 1820 1857 1900 1906 1913	ev. 2 min	ery 0 utes	2242 2250 2257 2300 2306 2313	2307 2310 2316 2323	2302 2310 2317 2320 2326	2327 2330 2336 2343	2322 2330 2337 2340 2346	2342 2345 2351	2347 2350 2356 0003	2342 2350 2357 2400 0006	2359 0002 0008	
Bromley-by-Bow Station⊕ Stratford Bus Station	1737 1745 1753 1756 1802 1810 1816	1752 1800 1807 U	1807 1815 1822 U	1822 1830 1837 1840 1846 1853 1859	1836 1844 1851 U	1842 1820 1857 1900 1906 1913 1919	ev. 2 min	ery 0 utes	2242 2250 2257 2300 2306 2313 2319	2307 2310 2316 2323 2329	2302 2310 2317 2320 2326 2333	2327 2330 2336 2343 2349	2322 2330 2337 2340 2346 2353	2342 2345 2351 2358	2347 2350 2356 0003 0009	2342 2350 2357 2400 0006 0013	2359 0002 0008 0015	
Bromley-by-Bow Station⊕ Stratford Bus Station Forest Gate Green Street Manor Park Broadway Ilford Broadway Seven Kings Garage Chadwell Heath Coopers Arms Romford Murket	1737 1745 1753 1756 1802 1810 1816 1827 1829	1752 1800 1807 U	1807 1815 1822 U	1822 1830 1837 1840 1846 1853 1859 1910 1912	1836 1844 1851 U	1842 1820 1857 1900 1906 1913 1919 1930 1932	ev 2 min ur	ery 0 utes itil	2242 2250 2257 2300 2306 2313 2319 2330 2332	2307 2310 2316 2323 2329 2340 2342	2302 2310 2317 2320 2326 2333	2327 2330 2336 2343 2349 2400	2322 2330 2337 2340 2346 2353	2342 2345 2351 2358	2347 2350 2356 0003 0009 0020	2342 2350 2357 2400 0006 0013	2359 0002 0008 0015	
Bromley-by-Bow Station Stratford Buy Station Forest Gate Green Street Manor Park Broadway Ilford Broadway Ilford Broadway Seven Kings Garage Chadwell Heath Coopers Arms Romford Market Romford Station ■	1737 1745 1753 1756 1802 1810 1816 1827 1829	1752 1800 1807 U	1807 1815 1822 U	1822 1830 1837 1840 1846 1853 1859 1910 1912	1836 1844 1851 U	1842 1820 1857 1900 1906 1913 1919 1930 1932	ev 2 min ur	ery 0 utes itil	2242 2250 2257 2300 2306 2313 2319 2330 2332	2307 2310 2316 2323 2329 2340 2342	2302 2310 2317 2320 2326 2333	2327 2330 2336 2343 2349 2400 9002	2322 2330 2337 2340 2346 2353	2342 2345 2351 2358	2347 2350 2356 0003 0009 0020	2342 2350 2357 2400 0006 0013	2359 0002 0008 0015	1038
Bromley-by-Bow Station Stratford Bus Stration Forest Gate Green Street Manor Park Broadway Illord Broadway Seven Kings Garage Chadwell Heath Coopers Arms Romford Market Romford Station Limehouse Londoner Limehouse Londoner	1737 1745 1753 1756 1802 1810 1816 1827 1829	1752 1800 1807 U	1807 1815 1822 U	1822 1830 1837 1840 1846 1853 1859 1910 1912	1836 1844 1851 U	1842 1820 1857 1900 1906 1913 1919 1930 1932 nal P	ev 2 min ur	utes stil	2242 2250 2257 2300 2306 2313 2319 2330 2332 liday	2307 2310 2316 2323 2329 2340 2342 (S)	2302 2310 2317 2320 2326 2333	2327 2330 2336 2343 2349 2400 9002	2322 2330 2337 2340 2346 2353	2342 2345 2351 2358	2347 2350 2356 0003 0009 0020 0022	2342 2350 2357 2400 0006 0013	2359 0002 0008 0015	
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Bromley-by-Bow Station Stratford Bus Station Forest Gate Green Street Manor Park Broadway Ilford Broadway Ilford Broadway Seven Kings Garage Chadwell Heath Coopers Arms Romford Market Romford Station Elimehouse Londoner Bromley-by-Bow Station Stratford Bus Station Forest Gate Green Street	1737 1745 1753 1756 1802 1810 1816 1827 1829	1752 1800 1807 U	1807 1815 1822 U S (ar 0651 § 0658 0705	1822 1830 1837 1840 1846 1853 1859 1910 1912 0711 § 6718 0725	1836 1844 1851 U atio 67319 6738 6745	1842 1820 1857 1900 1906 1913 1919 1930 1932 nal P 0742 0750 0758 0805	win ur	ery 0 utes stil Ho 0803 0811 0819 0826	2242 2250 2257 2300 2306 2313 2319 2330 2332 liday 0823 0831 0839 0846	2307 2310 2316 2323 2329 2340 2342 (S) 0843 0851 0859 0906	2302 2310 2317 2320 2326 2333 	2327 2330 2336 2343 2349 2400 9902	2322 2330 2337 2340 2346 2353 0923 0931 0939 0946	2342 2345 2351 2358 2358 0951 0959 1006	2347 2350 2356 0003 0009 0020 0022 1003 1011 1019 1026	2342 2350 2357 2400 0006 0013	2359 0002 0008 0015 1023 1031 1039 1046	1046 1054 1101
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This timestable is published as a guide to the general level of service and timings are in many cases approximate. Every effort is made to muintain the scheduled service but this may from time to time be impossible owing to circumstances beyond London Transport's centrol. At Christmas, New Year, Easter, Play Day, and Spring and Summer holiday weakends, some services have special cimentables and some do not true at all. See notices on bases.